

## **Call Your Doctor:**

1. Every 6 months for an asthma check-up.
2. For medication refills or spacers for home/school/day care.
3. If your child needs to use Albuterol for more than 2 days and is not getting better.

## **Call 911 if Your Child:**

1. Has breathing problems and bluish lips or fingernails.
2. Has breathing problems and can't speak in a sentence without gasping for breath.
3. Has breathing problems and is sleepy and does not respond to you.



CINCH

**Allies Against Asthma**



Developed by the Consortium for Infant and Child Health's (CINCH)  
Allies Against Asthma Work Group

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